



# pieta Darkness into light

register  
now:



**SIGN UP**

**SAVE LIVES**

**Saturday, 9 May, 05:15**

**Basel • Bern • Geneva • Zurich**



**Set off with us!**

Over 200 official morning walks in Ireland and on all continents bring like-minded people together to experience the most important sunrise of the year.

By taking part, you will be helping to raise much-needed funds for suicide prevention projects.

## The story of Darkness into the light

In 2009, 400 people set off from Phoenix Park in Dublin to walk 5km in the first Darkness Into Light to raise funds for Pieta. From small beginnings, the movement has grown from strength to strength, and today over 135,000 people take part in Darkness Into Light every year.

Since 2019, Irish clubs in Switzerland have been supporting The trauernetz association in its commitment to suicide victims in the family and at work.

## Local supporters



## Partner Charity

**trauer**netz  
Perspektiven  
für Suizidbetroffene